

## 6 Days Mt Kenya Sirimon Route

### Day 1: Nairobi - Nanyuki

Leave Nairobi to Nanyuki across the equator arriving in the afternoon. After lunch, proceed to the forest for a nature walk and then return to your hotel for dinner and overnight. This place is good for acclimatization.



### Day 2: Nanyuki - Old Moses

Proceed for one and a half hours to Sirimon gate. Check in here and start walking for 9km to Judmeir Camp at 3,350m, 3 - 4km walk. Dinner and overnight.

### Day 3: Judmeir - Shipton

After breakfast, proceed across Ontulilli river straight to Liki North river, to the top ridge and down to Mackinders valley to Shipton's camp at 4,200m. Dinner and overnight.

### Day 4: Shipton - Austrian Hut

After breakfast start ascending through the Simba tarn approaching Delamere Peaks and down to Austrian hut at 4790m. Dinner and overnight.

### Day 5: Austrian - Lenana

Leave at 5.00 a.m. And start ascending across Lewis glacier to point Lenana, arriving at 6.30 a.m. After the sunrise proceed down to Mackinders camp for breakfast, and then proceed to Met Station, Dinner and overnight.

### Day 6:

Depart at 7.30 a.m. And walk for 9km through the rain forest to the gate and return to Nairobi.

Apart from point Lenana, we also do technical climbing routes up to Nelion / Batian etc., and also rock climbing and abseiling at Hell's Gate National Park.