

F.T.T – 06

Myanmar Trekking & Adventure Tour

Yangon-Bagan-Mt.Popa-Yangon (6Days/5Nights)

Day 01 Arrive Yangon

(-/-/-)



Arrive at Yangon International Airport, welcome by our Tour Guide. Transfer to Hotel & check in. Sightseeing to the prime downtown location the center of Yangon. After that, sightseeing Sunset at the Shwedagone Pagoda which is one of the world's most spectacular religious monuments and the golden dome of **Shwedagon Pagoda** rises 98 meters above



its base and is covered with 60 tons of pure gold. *Overnight at Summit Park View Hotel (Superior room) in Yangon. (www.summityangon.com)*

Day 02 Yangon-Bagan by flight

(B/-/-)



After breakfast, transfer to airport and fly to Bagan. Arrive Bagan airport welcome by our tour guide. Drive to Mt. Popa. Check in to hotel. Go to **Mount Popa**, an extinct volcano with its shrines dedicated to animist spirits known as "Nats



". For the energetic, time to climb up the 777 steps to the shrine at the top of the volcanic plug. *Overnight night at Popa Mountain Resort (Superior room) in Mt. Popa. (www.woodland-resorts.com)*

Day 03 Half day trekking at Mt.Popa

(B/-/-)

After breakfast, trek to Yee Nge Natural Spring Water, two miles far from Resort. It is 2650 ft above sea level. The best place for trekking, horse riding, birds and butterflies watching on the way. Free & leisure at resort. *Overnight night at Popa Mountain Resort (Superior room) in Mt. Popa. (www.woodland-resorts.com)*



Day 04 Mt.Popa - Bagan

(B/-/-)



After breakfast, drive back to Bagan and visits to a diverse selection of the most important Pagodas and temples, such as **Shwezigon Pagoda**, built by King Anawrahta in the early 11th century, **Kubyanuk Gyi**, a temple with exquisite murals of Jataka scenes, **Khay Min Ga Temple**, noted for its spectacular of the area's many monuments and **Ananda Temple** with four huge standing Buddha images and numerous seated figures in niches around the galleried interior. In the afternoon have a short break due to intense heat of the region. Visit to a lacquer craftsmen's workshop in near by Myinkaba village. Continue to **Manuha Temple**, built in Mon Style in 1095, **Nanbaya Temple**, a unique

sandstone monument, said to have been the palace of King Manuha and **Myingaba Gu Byaukgyi Temple**, noted for its ancient mural paintings under the protection of UNESCO. Proceed to **Shwesandaw Stupa** to watch. *Overnight at **Bagan Thande Hotel (Superior Room)**, in Bagan*

Day 05 Bagan - Yangon, fly back to Yangon

(B/-/-)

After breakfast, visit the major temple and monuments of the ancient archaeological zone like **Ananda, Htilominlo, Dhammanyangyi, Sularmani, Pyathatgyi, Phayathonezu, Tayokepyay, Dhammarazaka, Lawkananda**, etc... In the evening, transfer to airport and fly back to Yangon. Arrive Yangon airport transfer to hotel. *Overnight at **Summit Park View Hotel (Superior room)** in Yangon. (www.summityangon.com)*



Day 06 Departure

(B/-/-)

After breakfast, transfer to airport for departure.

Packages include;

- » Hotel accommodation twin sharing room with daily breakfast
- » Transfer & transportation during tour
- » English speaking station guide service
- » All sightseeing admission fee
- » Domestic air ticket
- » Trekking guide fee
- » Welcome drink at hotel

Packages exclude;

- » Visa fees
- » International air fare
- » Beverages
- » Meal
- » International air port tax (US\$ 10 per person)
- » Personal expense such as camera fee, tips etc...
- » Non specific expenditure

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