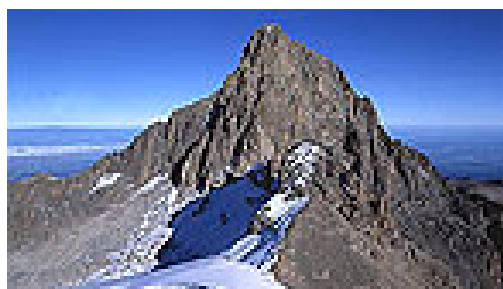


7 Days Mt Kenya Sirimon Route

DESCRIPTION

The Sirimon Trek is one of the finest approaches to the peak area. It offers some of the best views of the main peaks, with a gradual climb up to the summit which can be done at a leisurely pace. We traverse the mountain by ascending the Sirimon Track.

ITINERARY



Day 1:

Depart from Nairobi for the Mount Kenya Region. Arrive in time for lunch, and check in at the Naro Moru River Lodge. The afternoon spent at leisure to give you an opportunity to acclimatise. Dinner and overnight stay is at the Lodge.

Day 2:

The morning spent sorting and organizing personal equipment for the mountain trek. Lunch can be had at the Lodge. (Please note that this will be at your own expense). In the afternoon, you will be transferred to the Sirimon Park Gate and then onto the road-head which lies at an altitude of 3,300m. The afternoon's walk is relatively easy giving you a further opportunity to acclimatise. You'll overnight at Judmaier Camp (3300m) in the high altitude mountain tents.

Day 3:

After breakfast, you set off, ascending the Sirimon trail to Likii North Valley. Your overnight camp is located in this beautiful little valley just below the peaks of Teleki and Sendeyo, two ancient parasitic vents of the main peaks. (3990m)

Day 4:

The day's trail takes you on a climb out of the North Valley and across into the Mackinders Valley. This is one of the broadest valleys on the mountain, with many giant groundsels. The overnight camp is set up at the head of the Mackinder's Valley, just below the main peaks of Batian and Nelion (4,300m).

Day 5:

Making an early start, today's hike takes you on an Alpine ascent to the highest peak, Pt. Lenana (4985m) via the lesser used trail up north face. Four hours of stiff walking leads you to the summit. After capturing the view on film, descend to Teleki Valley on the opposite side of the main peaks, to Mackinder's Camp for a good night rest (4150m.).

Day 6:

With the tough climb behind you, take a leisurely pace as you descend via the Met Station (road head) on the Naro Moru Trek and back to the Lodge. Check-in to the Lodge and enjoy a sumptuous lunch before relaxing for the rest of the afternoon. Dinner and overnight stay will be at the Lodge.

Day 7:

After breakfast, check out of the Lodge and transfer to Nairobi for your flight home or continue with onward arrangements.